

Muay Thai Kickboxing Combat

Kickboxing

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Kickboxing (KIK-boks-ing) is a full-contact hybrid martial art and boxing type based on punching and kicking. Kickboxing originated in the 1950s to 1970s. The fight takes place in a boxing ring, normally with boxing gloves, mouth guards, shorts, and bare feet to favor the use of kicks. Kickboxing is practiced for self-defense, general fitness, or for competition. Some styles of kickboxing include: full contact karate, Muay Thai, Japanese kickboxing, Lethwei, Sanda, and Savate.

Although since the dawn of humanity people have faced each other in hand-to-hand combat, the first documentation on the use of kicking and punching in sports combat is from ancient Greece and ancient India. But nevertheless, the term kickboxing originated in Japan, in the 1960s, and developed in the late 1950s from karate...

Muay Thai

Muay Thai or Muaythai (Thai: มวยไทย, RTGS: muai thai, pronounced [mūaj tʰāj]), sometimes referred to as Thai boxing, the Art of Eight Limbs or the Science

Muay Thai or Muaythai (Thai: มวยไทย, RTGS: muai thai, pronounced [mūaj tʰāj]), sometimes referred to as Thai boxing, the Art of Eight Limbs or the Science of Eight Limbs, is a Thai martial art and full-contact combat sport that uses stand-up striking, sweeps, and various clinching techniques. The name “Art of Eight Limbs” refers to the combined use of fists, elbows, knees and shins. Muay Thai became widespread internationally in the late 20th to 21st century, when Westernised practitioners from Thailand began competing in kickboxing and mixed-rules matches as well as matches under Muay Thai rules around the world. The professional league is governed by the Professional Boxing Association of Thailand, sanctioned by the Sports Authority of Thailand.

Muay Thai is related to other martial art...

International Kickboxing Federation

The International Kickboxing Federation (IKF) is a sanctioning body for kickboxing and Muay Thai based in the United States. The IKF sanctions and regulates

The International Kickboxing Federation (IKF) is a sanctioning body for kickboxing and Muay Thai based in the United States. The IKF sanctions and regulates all aspects of these sports from Semi Contact (IKF Point Kickboxing (IKF/PKB)) to Full Contact in both Amateur and professional levels. The IKF World Headquarters located in Newcastle, California, USA oversees over 2,000 IKF events a year around the world.

Liam Nolan (Muay Thai)

Knowles, Nolan started to compete regularly at the age of 13 in both Muay Thai and kickboxing rules often against older opponents. By the time he was 16 years

Liam Nolan is a British retired Muay Thai fighter. He competed for the ONE Championship organization and was the former WBC Muay Thai World Middleweight Champion.

Combat sport

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A combat sport, or fighting sport, is a contact sport that usually involves one-on-one combat. In many combat sports, a contestant wins by scoring more points than the opponent, submitting the opponent with a hold, disabling the opponent (knockout, KO), or attacking the opponent in a specific or designated technique. Combat sports share a long history with the martial arts.

Some combat sports (and their national origin) include boxing (Greek-British), Brazilian jiu-jitsu (Japanese-Brazilian), catch wrestling (British-American), jujutsu (Japanese), judo (Japanese), freestyle wrestling (British-American), Greco-Roman wrestling (French), karate (Chinese-Okinawan-Japanese), kickboxing (numerous origins, mainly Southeast Asian), Lethwei (Burmese), mixed martial arts (numerous origins), Muay Thai...

Women's kickboxing

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Women have participated in kickboxing since the 1960s in Thailand. But there has been a superstition and prejudice women have often being prevented from participating in the major tournaments in Thailand.

The World's Muay Thai Angels is one of the first organisations to be a place for women to participate in and the first tournament was won by Chommanee Sor Taehiran.

Women's kickboxing in Australia has a small but devoted following. In the 1970s women in the United States took up kickboxing as they were prevented from taking part in women's boxing. In the UK kickboxing has a growing following according to the WMC.

In May 2016 the kickboxing organisation Glory announced the creation of a women's division built around Tiffany van Soest.

In 2021 the Lumpinee Boxing Stadium finally allowed women...

Daniel McGowan (Muay Thai)

British Muay Thai fighter. McGowan started Muay Thai training at 11 years old after trying Tae Kwon Do and Kickboxing. He was one of the youngest non thai to

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Yohan Lidon

Lidon (born March 28, 1983) is a French Muay Thai kickboxer. He is a 3-time world champion in Muay Thai and kickboxing

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As of July 2021, he is the #9 ranked welterweight in the world by Combat Press.

Muay Lao

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Muay Lao (Lao: ມູໄຊລາວ, lit. "Lao boxing") is a combat sport from Laos based on ancient Lao martial arts. It incorporates punches, kicks, elbow, and knee strikes. The sport can be traced back to the 15th century, when it was used for military combat during the Lan Xang dynasty. It is similar to Muay Thai from Thailand and Pradal Serey from Cambodia. Muay Lao was included as an event at the 2009 Southeast Asian Games in Vientiane.

The bouts consist of five rounds, and each round is three minutes.

The martial art is related to other forms of martial arts found in other parts of the Angkor cultural sphere, including Pradal Serey in Cambodia and Muay Thai in Thailand.

Muay Thai in popular culture

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The combat sport of Muay Thai has been featured in media, including film, television, manga, anime and video games. It gained international attention when Yodtong Senanan led the Nak Muay Team against Osamu Noguchi's Kickboxer Team on October 16, 1972. It has heavily influenced the sport of kickboxing, and is used in mixed martial arts (MMA), where athletes train in its techniques.

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