

Prayer Can Change Your Life Experiments And Techniques In Prayer Therapy

Prayer

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Prayer is an invocation or act that seeks to activate a rapport with an object of worship through deliberate communication. In the narrow sense, the term refers to an act of supplication or intercession directed towards a deity or a deified ancestor. More generally, prayer can also have the purpose of giving thanks or praise, and in comparative religion is closely associated with more abstract forms of meditation and with charms or spells.

Prayer can take a variety of forms: it can be part of a set liturgy or ritual, and it can be performed alone or in groups. Prayer may take the form of a hymn, incantation, formal creedal statement, or a spontaneous utterance in the praying person.

The act of prayer is attested in written sources as early as five thousand years ago. Today, most major religions...

Gestalt therapy

notion of Gestalt therapy leaving the consulting room and becoming a way of life on the West Coast in the 1960s (see the "Gestalt prayer"). An alternative

Gestalt therapy is a form of psychotherapy that emphasizes personal responsibility and focuses on the individual's experience in the present moment, the therapist-client relationship, the environmental and social contexts of a person's life, and the self-regulating adjustments people make as a result of their overall situation. It was developed by Fritz Perls, Laura Perls and Paul Goodman in the 1940s and 1950s, and was first described in the 1951 book Gestalt Therapy.

Energy medicine

magnet therapy, colorpuncture, and light therapy. Medical techniques involving the use of electromagnetic radiation (e.g., radiation therapy or magnetic

Energy medicine is a branch of alternative medicine based on a pseudo-scientific belief that healers can channel "healing energy" into patients and effect positive results. The field is defined by shared beliefs and practices relating to mysticism and esotericism in the wider alternative medicine sphere rather than any unified terminology, leading to terms such as energy healing, vibrational medicine, and similar terms being used synonymously. In most cases, no empirically measurable "energy" is involved: the term refers instead to so-called subtle energy. Practitioners may classify their practice as hands-on, hands-off, or distant, wherein the patient and healer are in different locations. Many approaches to energy healing exist: for example, "biofield energy healing", "spiritual healing"...

Sexual orientation change efforts and the Church of Jesus Christ of Latter-day Saints

later changed as it became clear these self-help and aversive techniques were not working and, thus, from the 1980s to the 2000s reparative therapy (also

Because of its ban against same-sex sexual activity and same-sex marriage the Church of Jesus Christ of Latter-day Saints (LDS Church) has a long history of teaching that its adherents who are attracted to the same sex can and should attempt to alter their feelings through righteous striving and sexual orientation change efforts (or SOCE, also called conversion therapy or reparative therapy). Reparative therapy is the pseudoscientific practice of attempting to change an individual's sexual orientation from homosexual or bisexual to heterosexual, or their gender identity from transgender to cisgender using psychological, physical, or spiritual interventions. There is no reliable evidence that such practices can alter sexual orientation or gender identity, and many medical institutions warn that...

Autism therapies

behavior therapy early in life can help children with ASD acquire self-care, social, and job skills, and often can improve functioning, and decrease severity

Autism therapies include a wide variety of therapies that help people with autism, or their families. Such methods of therapy seek to aid autistic people in dealing with difficulties and increase their functional independence.

Autism is a neurodevelopmental disorder characterized by differences in reciprocal social interaction and communication as well as restricted, repetitive interests, behaviors, or activities. There are effective psychosocial and pharmacological treatments for associated problems with social interaction, executive function, and restricted or repetitive behaviour. Treatment is typically catered to the person's needs. Treatments fall into two major categories: educational interventions and medical management. Training and support are also given to families of those diagnosed...

Alternative medicine

medicine in terms of its social and political marginality to mainstream healthcare. This can refer to the lack of support that alternative therapies receive

Alternative medicine refers to practices that aim to achieve the healing effects of conventional medicine, but that typically lack biological plausibility, testability,

repeatability, or supporting evidence of effectiveness. Such practices are generally not part of evidence-based medicine. Unlike modern medicine, which employs the scientific method to test plausible therapies by way of responsible and ethical clinical trials, producing repeatable evidence of either effect or of no effect, alternative therapies reside outside of mainstream medicine and do not originate from using the scientific method, but instead rely on testimonials, anecdotes, religion, tradition, superstition, belief in supernatural "energies", pseudoscience, errors in reasoning, propaganda, fraud, or other unscientific...

Mindfulness

dialectical behavior therapy and in acceptance and commitment therapy. Secular mindfulness is derived from Buddhist meditation techniques, and translates the

Mindfulness is the cognitive skill, usually developed through exercises, of sustaining metacognitive awareness towards the contents of one's own mind and bodily sensations in the present moment. The term mindfulness derives from the Pali word *sati*, a significant element of Buddhist traditions, and the practice is based on *ānāpānasati*, Chan, and Tibetan meditation techniques.

Since the 1990s, secular mindfulness has gained popularity in the west. Individuals who have contributed to the popularity of secular mindfulness in the modern Western context include Jon Kabat-Zinn and Thích Nhất Hạnh.

Clinical psychology and psychiatry since the 1970s have developed a number of therapeutic applications based on mindfulness for helping people experiencing a variety of psychological conditions.

Clinical...

List of topics characterized as pseudoscience

alternative medicine technique similar to a combination of phrenology, reiki, energy therapies and therapeutic touch, where health and wellness can be improved

This is a list of topics that have been characterized as pseudoscience by academics or researchers. Detailed discussion of these topics may be found on their main pages. These characterizations were made in the context of educating the public about questionable or potentially fraudulent or dangerous claims and practices, efforts to define the nature of science, or humorous parodies of poor scientific reasoning.

Criticism of pseudoscience, generally by the scientific community or skeptical organizations, involves critiques of the logical, methodological, or rhetorical bases of the topic in question. Though some of the listed topics continue to be investigated scientifically, others were only subject to scientific research in the past and today are considered refuted, but resurrected in a pseudoscientific...

Brigham Young University LGBTQ history

orientation change is possible through various means including prayer, personal righteousness, faith in Jesus Christ, psychotherapy, group therapy, and group

LGBTQ students and staff have a long, documented history at Brigham Young University (BYU), and have experienced a range of treatment by students and school administrators since its founding in 1875. Large surveys of over 7,000 BYU students in 2020 and 2017 found that over 13% had marked their sexual orientation as something other than "strictly heterosexual", and another that 0.2% had reported their gender identity as "transgender or other". BYU is the largest religious university in North America and is the flagship institution of the educational system of the Church of Jesus Christ of Latter-day Saints (LDS Church)—Mormonism's largest denomination.

Historically, experiences for BYU students identifying as LGBTQ have included being banned from enrolling due to their romantic attractions in...

Wilhelm Reich

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Wilhelm Reich (; Austrian German: ['vɪlhɛlm 'raɪç]; 24 March 1897 – 3 November 1957) was an Austrian doctor of medicine and a psychoanalyst, a member of the second generation of analysts after Sigmund Freud. The author of several influential books, *The Impulsive Character* (1925), *The Function of the Orgasm* (1927), *Character Analysis* (1933), and *The Mass Psychology of Fascism* (1933), he became one of the most radical figures in the history of psychiatry.

Reich's work on character contributed to the development of Anna Freud's *The Ego and the Mechanisms of Defence* (1936), and his idea of muscular armour—the expression of the personality in the way the body moves—shaped innovations such as body psychotherapy, Gestalt therapy, bioenergetic analysis and primal therapy. His writing influenced generations...

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